

THE ULTIMATE MILITARY OBSTACLE COURSE

BORN SURVIVOR

CHESHIRE - 27.04.2024

EVENT GUIDE

PLEASE READ THIS GUIDE IN FULL BEFORE ARRIVING ON EVENT DAY

EPIC COURSE | LIVE MUSIC | BAG & KEY DROP
| TOP QUALITY FOOD | LICENSED BAR | ICE CREAM |
MERCHANDISE SHOP | FRESH COFFEE |
CHILDREN'S ACTIVITIES

[BORN-SURVIVOR.COM](https://born-survivor.com)

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DIRECTIONS & EVENT SCHEDULE

DIRECTIONS

By Road:

-15 miles south of Manchester down the A34 and a short distance past the east-west A537 Knutsford to Macclesfield Road.

-30 miles east of Chester. Turn right from the A537 on to the A34.

-20 miles north of Stoke on Trent off the A34.

By Rail:

-5 miles to Macclesfield and just 2 hours from London Euston.

-5 miles to Wilmslow where the Express to London Euston takes just 2 hours and five minutes.

-15 miles to Crewe and extensive national rail connections.

Strictly no parking on the road leading up to Capesthorpe Hall; cars parked on the roads will be towed away.

CAR PARKING

The main car park is located in the adjacent field to the Event Village. Please do not arrive before 8am as we cannot allow you on site. Car parking is **CASH ONLY**. Please try and have the correct money ready when entering the car park to help traffic flow.

Car	£8
Minibus	£15
Coaches	£30

(Coaches must be pre-booked by emailing support@born-survivor.com)

For disabled parking or easy access to the event village please email support@born-survivor.com

EVENT SCHEDULE

TIME	EVENT
8:00AM	CAR PARK OPENS
08:30-11:30	REGISTRATION
09:40	ELITE & MARATHON SET OFF
10:00AM	FIRST WAVE SETS OFF
20-30 MINS	WAVES SET OF EVERY 20 MINS
11:00AM	BAR OPENS & MUSIC STARTS
12:00PM	ELITE SQUADRON PRESENTATION
12:20PM	FINAL WAVE SETS OFF
12:30PM	LIVE MUSIC BY THE RAGAMUFFINS
5:00PM	BAR - LAST ORDERS
5:30PM	EVENT VILLAGE CLOSES

RESPECT THE COUNTRYSIDE

Born Survivor is held on the grounds of a working farm, so please ensure you take all litter/ unwanted clothing home or use the bins provided. Please do not drop rubbish on the floor as this pose serious risk/ harm to farm animals and as well as wildlife.

START

Participants **MUST** be in the start area no later than 10-15 minutes before their wave time for a course safety briefing.

This is mandatory for all participants.

You will also have a brief warm up to prepare you for the mission ahead.

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★ EVENT INFORMATION - ARRIVAL

★ EVENT TICKET

All participants receive an event ticket attached to their initial event confirmation email. Whilst this is not necessary for registration you may wish to bring this with you on event day.

★ REGISTRATION

Registration opens at 8:30am for all participants. Hand your waiver in at the registration marquee. Registration is by INDIVIDUAL surname, NOT team name.

We advised participants to arrive at least 1 hour before their start time to give you plenty of time to register, meet your team etc.

★ BAG & KEY DROP

There will be both a bag & key drop on site. The bag drop is just £3, your bag will be tagged and you will be given a numbered wristband. The key drop is just £2 per small item (car keys, wallets etc), you will need your A5 participants pack envelope which is given to you at registration. You will be required to sign your items in and out of the key drop. Any items left in both the bag & key drop are strictly at your own risk.

Both the bag & key drop are operated by our charity partners Unique Kidz. All proceeds go to Unique Kidz.

Important - Please do not leave any medical items or medicines that you may need before, during or immediately after the event. Once items are left, there is no access to them until you collect them.

★ EVENT WAIVER

Please read, print and complete the event day waiver and bring it with you on the day. We do not send anything by post so the waiver will need printing by yourselves.

Participants without a signed waiver will not be able to register and not be permitted to take part in Born Survivor.

Download Event Waiver Here:

<https://www.born-survivor.com/wp-content/uploads/assets/waiver.pdf>



★ EQUIPMENT & CLOTHING

Please check the weather forecast prior to the event and come prepared accordingly. Typical trail/fell running footwear is strongly advised as there are many slippery areas around the course. Footwear with spikes is strictly not allowed. We recommend wearing clothes that dry quickly and don't bog you down. We also recommend bringing a towel and clothes to change into after course completion.

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★ EVENT VILLAGE - WHAT WE HAVE ON SITE

★ SAFETY WARNING

Born Survivor is an extreme challenge, physically and mentally, and taking part can be dangerous. We need to know and be clear that you fully understand this and that you understand the risk of taking part in Born Survivor.

The course is designed to be difficult and the terrain is muddy, slippery and potentially dangerous. You will be muddy & wet after the first mile. If you do not feel comfortable completing any obstacle, do not attempt it. If you have difficulties on the course (illness or injury) please stay on the course and make your way to the next available marshal.



★ MERCHANDISE

There will be a Born Survivor Shop in the Event Village with a range of quality Born Survivor Goodies! The shop operates a cash and card payment system. So if you want to go home in a thick, luxurious Born Survivor Stealth Training Hoodie, or a spiffing Born Survivor branded t-shirt and who wouldn't? Then bring your readies and plastic.

★ WAVE TIME

An email confirming your finalised wave time will be sent out separately. For safety reasons we may have had to adjust your wave start time, however, all team members will have the same start time as their team captain. Allocated wave times are final and cannot be changed. All wristbands will be checked when entering the start cage to ensure you are in the correct wave.

★ FACILITIES

We provide a cold water de-mud station, so please come prepared with a towel, wet wipes and deodorant ready for the after party. We also provide hand wash facilities at the finish line, which we strongly advise all participants to use before diving into their celebratory burger. There will be ample toilets including disabled facilities.

★ CHANGING AREAS

There will be limited tented separate changing areas for girls and guys in the Event Village. Any unwanted muddy clothes/footwear should be placed in the bins provided.

★ ENTERTAINMENT

There's a lot going on in our Event Village. We have live music playing throughout the day at our very own Licensed Stripes Bar, selling craft ale and lagers and seasonal gins including high quality Whitley Neil gin with fever tree mixers.

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★ EVENT VILLAGE - WHAT WE HAVE ON SITE

★ EVENT PHOTOGRAPHY

My Bib Number will be deploying camera snipers on course for 2024...Facial recognition means you'll be able to locate your action snaps even when covered in mud!

Don't be late soldier! Sign up now - Save £5! 🔥 Sign up to My Bib Number to receive a discount voucher code for £5 off any action shots! (valid for 8 days after the photos have been released)

<https://www.mybibnumber.com/sign-up>

All participants receive 2 x free finisher photos and the option to purchase additional action photos.

All Survivors will receive an email notification when your photos are ready for inspection!



★ SPECTATORS

Spectators are FREE and welcome. We encourage as many people as possible to come and support friends and family. Much of the route is uneven and rough ground so care should be taken at all times to avoid trips and falls. Spectators must not enter the course at any time, except at designated crossing points. Children under the age of 16 must be accompanied by an adult at all times. Limited course maps will be available on the day.

★ COURSE MARSHALS & EVENT CREW

Many of our brilliant marshals and crew members are volunteers and have given up their time to help make the event great for you. Please give them a thumbs up and 'cheery' thanks as you negotiate the course. Marshals and crew are there for your safety and to make sure you have a brilliant experience. Help them enjoy the day with you.



★ LOST PROPERTY & CHILDREN

There will be a lost children and lost/found property point located in the Event Village. Or you can speak to any of the event crew who will be wearing a high visibility Born Survivor jacket.

★ CASH

Don't forget to bring plenty of dosh, you'll need it for the Born Survivor shop, car parking, tasty food and most importantly beer. There are no cash machines on site.

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